

## MENTAL INSURRECTION

A Philosophical Autobiography of Michael William Hentrich

Summer 2013 Autumn

## Bolder Than Nietzsche

## 2013, 06, 26 W

When I claim to be "BOLDER THAN NIETZSCHE", I am stating a fact, for I write about those things.

Thetysche most week was afraid of most: autoerotic stimulation, the strength and intelligence of the poor acceptation juxtaposition to the creamport returnation of the aristocratic noble class, etc.

The journey is a metaphor for character development...

Today is one of those days - or, I should say, this

myment, a little after 11AM - is like the opening scene of a

film. Potatoes and eggs at 6AM, is hamouse, Now on W8A1

ut 8AM, autocrotic organic promptly at 9:20 AM, two

large bowley of fasta at 10:30 AM, reading novel 1 284 by

Hamki Murakami, and now a cup of very string black coffee

while writing a "meditation/reflection", all the while with

The Rolling Stones, TATOO You playing: Slave, Little T&A, Heaven,

No Wee In Crying (the short list).

Jone kind of character am I. Bipolar alcoholic living on the dole in 21st century U.S.A. --- well read philosopher par excellence, 44 yours old, still barely 135 pounds... beard coming in reddish blonds with touch of gray... Pool at apartment opens at noon, so I am preparing for an unashamed swim, once again, CONSPICYOUSLY UNEMPLOYED. No need to drink alcohol foday.

2013.06.28 F as a writer of differ from Metzsche, true. I am a second-rate tight in companion: and yet, our lifestyles, over though our was a infurnished apartment; insomning ridden, straining and talking to primately diagnification of a chronic of artificial to be friended by family of perpend friend, here of vagners. Involved in a fewer of tring lace in an underground, group of free-thinkers. Cioran lett Mietzsche to was gewe may have to do to with Metzsche being promilected to his doctor telling this friend of the famous truscrian, Richard of Wagner, I that Nietzsche was a chronic martin bator. Incounters with WOMAN-IN-THE-FLESH, he would have realized that a presing organican can be experienced autoerofically than with a partner, and shame would have been transcended! a great intuition for the realty of the situation, hen he says to avoid to cities because there are "foo many pitches in heat", and that it is safer to fall into the hands of a murderer than into the dreams of a woman in heat.

The "phone situation", being without consistent phone service since early in March, nearly of months, now, while it must surely greate stress for my mother and anyong else who might, like to interrogate me, really forces me to , face my DISCONINECTEDNESS from mainstream I fall back, I upon I connection to reality. more spontaneous as I far as just throughing by. The is lonly 5 miles, I down I the road, I god yet telephone. Welcome to paralyzed, by lack Shalondo's mother died long ago. My prother would, I call me often when had a shone. The would call I in the morning and ask me what was "wrong" with my Voice is getting thusky and raspy from I all the I tobacco Ismoke, my myttering, screaming, singing. She would, I involve time in the hustrations about her obsession with having to, offing being financially insecured while blings live live's of of termises, vacations I Europe, etc. literally breaking her heart, and she gets the sympathy from anyone except for me, This phone issue by getting

Note from end of October, 2009 - must be notes from one of the note books I left with repher in Seattle: Dzogchen - the practice of recognizing reality for what it is - allowing all that arises in Dexperience to just exist just as it is. What Bön tradition teaches i pexperience yourself as a dream figure, as a body The pool definitely changes my perspective on living here down at 70 in Brick. I no honger miss living in Downtown Freehold Barris at all, I don't miss spending growing money on weed, live adapted to not smoking hert. Tobacco, coffee ... Vodka, beer, occassinally Hennesy or wine ... I've become more hardened, less hippie, more gangster. I reflect upon Many Street, Main Street, South street, One Way now banished from 605 - almost afraid to show my face in tuck that police town. I reflect upon beisure Village and Tent City Lakewood, I reflect upon tobury tark, Park Place the county Jail, paying fines, Traderal Way, Tent City 3 Jeattle, It Ocean, Spore, and Matgwan I reflect upon Habiore in Ked Bank, The I lapse Motes in y tapmingdale, hel Monte in asbury Tark. Brick does I not seem to bad anymor to does it It's, a shame, I can't talk, my mother through her troubles, but maybe of don't even card I'm in no rush to I type up Memoir, Volume Z. What's the point in rushing? I'm DISCONNECTED.

I want an even more radically horest writing voice, one that is liberated from oughts and shoulds. I sense that my mother feels abjundoned and alone in the world, but at " plant" myself 5 miles from her, Now I witness I the world she has to cope with out here. I still know she is better off in Lawing Village than were she on Stokes that in Freehold dealing with a tennent, an attic, a barement, and what the Freghold area has become. It's anazing how much "wealth is in that area, all hidden I away in hypurious homes and automobiles while we witgest to many struggle just to get change up for some booze? Charles Bukowski as I far as feeling the sox called losers are for more AUTHENTIC I than the so-called hymnost and "successful" Basically of write in order to endure myself. I prefer to focus the T beam of attention on "inner reality" as opposed to the external world. What of makes horror is that in the mass findustriof the consumerist society, the I am so far outside the idistic norms, t, as far as I general habits and way of life I and thinking goes, that my character is I kind of heroic of even as I might be presented as an anti-hero since I am the antithesis of Hollywood heroes who get the

I mistrust the social order and those who pay deference to the status-symbols of this Culture of Mas Believe. So much is not what it appears to be. There is so much deception, so much shallow bullshit, so many philistines. Not having a phyne has, as I have said, forced me to face t just how alone I am in this society without any J delusions. Still, for my mother's sake, I feel pressured to look tinto an alternative to Reach Out Wireless should this company continue to jerk me around of Four months now and still no replacement phone. I guess I will get Tractione minutes again next month and use the pho prefer of spending some ting twith her rather than that ton the phone. I am not the seeding into, the space Age with this LACK, the t produced feeling of NEEDING that which It is a mapler of being DISCONNECTED un-plugged off-line from the my own orbit, Maybe this is also what I motivates me to want I to read 1284 by Haruki Murakami. It makes
Dense that I am curious to read what a
apanese glinius, has in his imagination, curious lingth to
I devote myself to reading through 9250 pages of text. I am not a TYPICAL JAMERIKAN

What sustains me is the intellect, the spirit, my inner life, my character and personality. This is my twealth of heart. Tollywood for so many years has enabled me to develop an inner dimension that may be larking in many. I am the philosophical madman the outsider for excellence, the NON-CONFORMIST Just as, in the novel Takenheit 465, the main character I walks, outdoors to speak with they young woman is pranded anti-social, I may walk of todown, to lake to see about drinking I with the Chiental you who considers himself todd for fishing in the so in the dark and not carned about not catching any fish, Pature's meracle? We sha see. If I med a brand new friend, Perhaps we are toth MISFITS who reject slaying Idead inside, an apartment. We may forth feel closer to the frogs and bridge than celebraty culture I and spertator Maybe there is a little magic in the world tonight.

On the walk home I saw the carcus of a possum who looks like she just, got hit by a car, I rolled her to the grass from the road and noticed her little baby pups morning aroundly they were not fully developed. They will most likely not live thong, but the right of it was kind up, I creepy , me to help it get to the dirt, at least, so that its body might rest rather than he squashed. sweat lodge about animals being run down in the roads ... That creature of food when she was just going about her Denselessly and accidentally by a vehicle of see so much of that here, in Brick. The creatures of the woods, these peoples have nowhere to hide. How I am once again concerned about my mother. Maybe her heart is I in pain from disappointments.

Jim sure that life has been a great phisappointment for her. May she feel my love for her and know that I am, better of here in Brick was in Downtown Freehold! in asbury Park, in Goderal Way, in Ocean Grove, in Matawan, Jin Red Bank in Farmingdale, and maybe even better off than as a student of Rutgers in New Brunsqueek. That was a great deal of stress that may have all begin I VAIN I am I better Joff on the dole here in Bruck than as a State employee housed in the Tark House? In many respects, yes, I am. Tought I wen put the air conditioner on.

Song notes from fluger, Madness, and the Waimonic, the section Herman Melpille's Mad Captain Ahab. This scholar Edinger Who Stephen A. Diamong references goes on to describe Melvella as a difficult man to there with. Like his suchoral character Apab, his was gifted with the high perception, but lacked the low, enjoying power. He was frequently mody and per withgrown. On the evidence of his Typife's letters, he mas such a cause of apprehension to her that at one point I she feared for his panity. Melville & pelation to The personal, practical Jasperts of life was always Still from the cited text: Repetiologist, Koy Jameson points out the pattern of mental illness of Melville's family, which may have, made Melville himself mort prone to madness: "He supered from severe mood swings that panged from expansive, energetic, and pighty productive states to irasciple. I fitterly morbid, withdrawn and listless, periods in the morbid, with drawn done, and he was obsessed with death and filed with sessions " [ Toucher WITH FIRE]
By the time Melville intered mid-life, MOBY-DICK, I he shipped into a decade-long period of extreme psychic distress and reorientates

53 His mental and physical health were in jeopardy, and at times, the way close to psychosis or succeder?"
Eventually he learned how to live with his unruly of demons. Idea: In 3rd September, get sneaker boots (black) with steel toe + Black DICKIES pants 30 x 32 + Black DICKIES shirt L5 medium In December, before January 2014: Black Arctic Cakharts After taking those notes on p 52 on the table by the pool of part by the pool in half-lotus talking to My shadow at the bottom of the pool of while the principle heads regred the engines of their pick typ Truckes after loading the fable (my DESK) on their said trucks. ( Don't want no truck porth no power game Want be some other jerks tool ) houndydogs owns think they have the Steppenwolf at their mercy. There is the in their laughtee They seem to get suk (NURSE-RATCHET'S BOYS) Dleasure at POKING ME WITH A STICK.

55 (C) 2013.08.26 M On Wednesday I sirked up two books from the local Thrift Store: Seth Speaks by Jane Rollerts and The Da Vinci Code by Dan Brown, the latter which I am reading now - a great read so far, filled with Treferences to Seminine goddens I ISiS. up about the The inner transformations occurring? Most certainly am I losing the desire to writet? It looks that way I doosn't it? Only about ten pages for the entire month so, far . This is not a problem for me large at all, Maybel I am more in the mood to just bread Some books, I gome stories. After all, reading is my main Jource of entertainment and amusements of There is a TV out by the dumpster that works, and I don't want anything to do with it. I don't entertain, any grests. I haven't had a TV in my apartment of since leaving Matayan in 2007, and even there, I didt not have pable I am very much DISCONNECTED from that culture. I Could I finally have reached a point where I am suite to proud of being in my own unique orbit dar outside the to mainst tream Universal Culture?

At the moment of am not at all anxious about Enging such a solitary life, and I am Mirt. missing Freehold Boro less Tand less.

I picked up a fake tree out in front of the same house painting. Placing it in front of the vindow adds a formansion of privacy which has an effect on my Being, a Calming effect. I can actually large the window open with up at right t without feeling exposed, I the mude which is to very relaxing. For the moment, I am very content with this lifestyle of living on the dole as fan Tobscure "sensitive inte llethas Vegily I am like a charpeter in a Costoyersky or Kafker novel, Am I finally at peace a sense of pray for daily courage, strength, patience, What do I pray to ? The Cognitive Unronscious. The Great Mysterious ... Jam not antious for the 3rd to arrive but
Nather resolved to lenjoy an "endless summer."

And I now appreciating I feing far away from
Journ town Treehold? Was I forced out
on Marry Street in Freehold! How, little privacy
experienced on 7th arrive in arbury Parts!

Could this residence be my destination? I Parts!

My mother is concerned that she will not have the house funds t available to continue residing in leigure village for much longer, I am not I sure what I could do to help her as employment seems problematic with my strong personality and non-conventional attitude. I reflect upon the situation John Kennedy Toole was in just I prior to his suicide, with his parents marking into financial hardship. My mother and I constituting seems highly funlikely since she demands I so briety I and smothing out doors. Besides that I she would pester I me continuously. She's hooked on television and I enjoy I MUSIC. The could very well end up in an apartment near the library, in which case she would moan and group. Leisure Village is as beautiful place for her. She sowns the unit. ence, What could I do but perhaps seek employment to give her some money each month? but out Mould I resent her for needing me or mould I simply tite the fullet . The fullet . The fact is have an unemployable? How I have an unemployable personality? Most likely, yes. - ont pringacy

In chapter I, "Hitler; The Bartender of Henrius; vonne Sperratt describes how adolf turned from Schopenhauer to Nietzsche. How telling that I, myself, allign myself with Schopenhauer, and along with Cioran, find Nietzsche a little naine and aristocratic. Hitler had stated, "Where would I get if I listened to all his [Ahopenhaner's] transcendental talk? I mie witimate wisdom that: To reduce oneself to a minimum of desire and will. Once will is give all is fore. This life is War," Schopenhauer was out. Vietzsche was in. Handstangle heard Hitler remark, " now it is the heroic Welfan schauung which will illuminate the ideals of Germany's Julie." "What was this?" Hanfstaenal questioned.
This way not Schopenhauer of who had been ther's philosophical god in the old ... days.
They this was new It was netzesche. Here I can strongly disagree with Hitler and see clearly how I I most likely would never Ductumb to becoming ampitious for tauthority or the power of a Regulator. I authority or as fitter expressed it: " Dehopenhauer's pessimism which

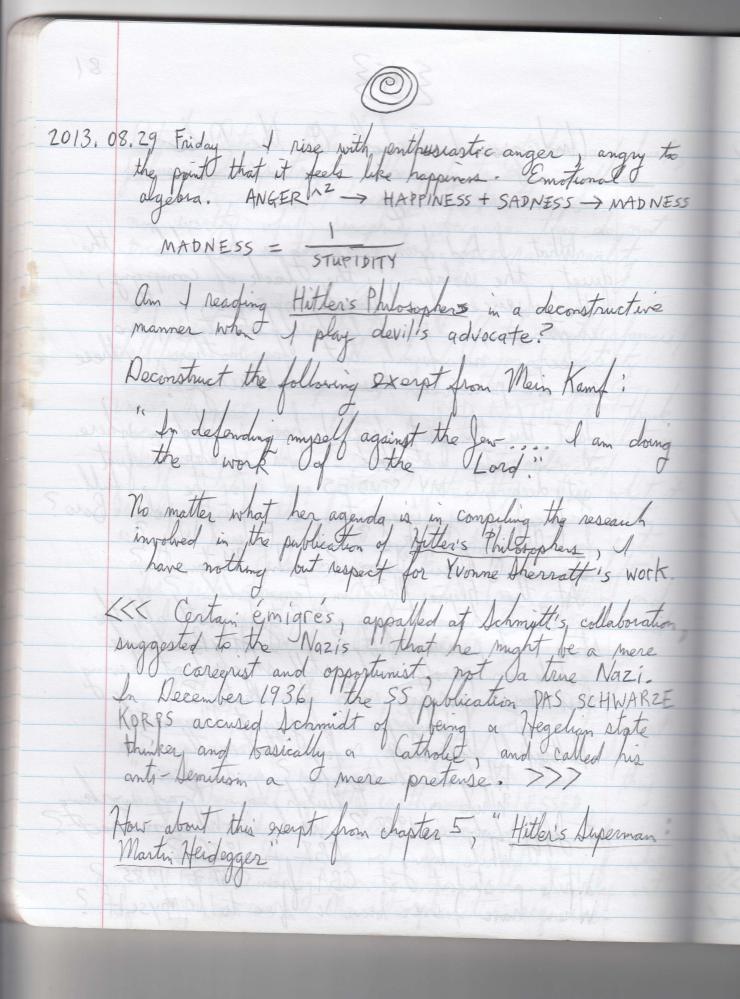
springs partly, I think from his own line of photosophical thought and partly from the subjective seeing and the experiences of his own life is has been far surpassed by thetz siche." Combining Nietzsche's love of the Greeks with Head's depiction of the ancient origins of the Western world Recame a favout theme me of my own temperament and moods is the typical Germanic/Romantic mood: The loves solitary walks. The mountain forests intoxicated prim. These walks are his divine service, his prayers. He watches the spassing clouds listens to the moisture of dripping from the primes. He hears voices. He recognizes probably they have met, him have met, him he wants to be alone. He recognizes probably they he wants to be alone. There of are times when he sees from human society,"

(Hermann Rawschning) Netz sche? Yvonne Sherratt dives deep !

Is not my "message board" a glaring example of how critical honest thinking plays out, where, eventually one finds to Joneself alone with one's templaints. USA is incorporated in 1871. UCC law--> "person is a deceptive term. a person is a corporate fiction. One is a BEING, not a person. When one steps into a courtroom and says one understands one is a person, one submits to being a subject. (see Thrine) One is a soverign entity, not a person. Of "person beignes a servant to the corporate state. Everything is "for sale" Those who control society do not want us to the They want us to passively get dumbed down to school and TV. I They don't want want to be THINKERS. I They want want to be WORKER-BEE DRONES & paying tack boars based on fraud. There is Just debt.

While reading Hitler's Philosopher's on my back jailbird style putting together the drum kit of abandenegd on Marcy Street in Freehold, I was awaken by the theme songt from The Exorcist which is my shone trignal for recognized numbers, since my mother is the only one who cally me, I jumped up thinking it was ther, The caller didn't wait long enough of it was YOSI from Seattle. I returned the call. Yosi's wife, Roben, called answerred. I explained that I was reading a book. The inquired as to which book I I was reading so carefully and tactictly described the and factictly described (vonng & Sherratti's scholarly Text, Hitler'st Philosophers. The gould sense the I earnest, desire in me top comprehend how Adolf Hitler abandoned Schopenhauer in favor of Thetzsche's WILL TO POWER. and yet, Nietzsche was acutely sensitive and cannot be held responsible of for Hitler's Vulgarization and militarization and Hegelian HISTORICIZATION of his philosophy for most of his life thetreched was mired in poverty and lobscurity. He was initially observed with the warriors spirit Arthur Schofenhauer. Up for as lifestyle goes, Metzsche and far more I in common than the zsche had in common with the "aristocracy" or "masters" Vonne Sherratt's scholarly text the already deepening my understanding and then rejuvinating my Jense of of BEING DN OTHE PRIGHT PATH. Kan't had initially been a charasmatic orator,

Nietzsche advocated spontanaeity creativity, and the force of magnation. He seemed to advocate wine, orgy and song. To, why did Nietzsche glorify WAR? This had to Thave an Tinfluence on Adolf Hitler Schopphaner, condemned bloodshed over religion and/or nationalism whemently. What is it that compelled Thetesche to romantitize was as a sign of strength He equated compassion and pity with weakness? Confusion, Theodor Lessing worked in the tradition of Anthur Schopenhauer, but he was assassinated simply for being classified as a "racial Jen" Edmund Hussurl. Friendship and the student / teacher or disciple / roship BOND takes precedent over one's "duty" to the State or to an "employer"; It is as B once told me about why I explode in ragge at times; "Make, you are probably kinder to people than they have been to you. That's why you sometimes of go off the deep end," FRI, SAT, SUN, MON -> Labor Day weekend, I guess I'M check account for funds tomorrow even though of I expect funds will be available thresday, the 3 rd I've gotten used to lying with just, I the basics and no car. I prefer living our a scholar.



83 LES Rosenberg, Bäurger and Krieck, along with other philosophers of the Reich, were dominant withing Dermany, but beyond its borders, they had no reputation, across Europey and the gest of the I world they were either shrouged in obscurity or dismused tas mere Nazi hacks. They Fisher was pigned. In the great hall of the Ling library are the lasts of Kant, Schopershauer, and Metzsche, the greatest of our thinkers, in comparison with whom the British, the French, the Americans have nothing to offer, he bragged. But these were the geniuses of the past. The Nazis needed a genius for their own times, glorious of mind that would grown their project I with intellectual grandeur. Who could where trotrote: In Larried Quinn's Story B he suggesty style resembling, NOT KINGS IOR POPES or Presidents or O CEDE of byt more like the Margrane. Imquiste mathematics. Germanic & Anti-Roman What am I suggesting here? I am who am I don't wayng be just another worker-bee I I'm over qualified for replancy Land of the free playaterny. The student who toward that a mind like this scant be bought

Vorune sherratt continues LKK, me who carried the legacy of Metzsche and Vilk into the present, and indeed the future But where could such a man be found? I am fact songone did exist, a prophet who could sow the seeds for future, generations, whose overflowing lintellest was energy was renerated thy a generation of studenty But would a genius a superplan so revered for granding some of the most profound and complex ideas the Hitler? " Someone as perficious of as Edmind Hussel to the Plazis is that not only was Husserl Feidegger's mentor, but they Twere also good Friends, FRIENDSHIP! NATURE'S MIRACLE! This perplexes me, Showfult such a bond out trump any sense of duty to the State or any advantement in on career or position of authority? Evidently not in this case. Could this be the reason of shun Heideggers was more along to Merlean-Ponty and consider David Abram I the legitimate their of Husser? Am I unique in my intellectual integrity and

EMOTIONAL HONESTY, what may be called existential authenticity? and ture ending up homeless with dementing stepping forward to scream from beyond the grave, " Are you not entertained?" Getting back to Hithers Superman: Martin Heidegger i now I know why I am not very impressed with
Heidegger even though BEING & TIME might have
been quasi-mystical, great though he must have been
a chardsinative thinker. I Not only did he betray
Husserl the greatest philosopher of that era, but I
he attached himself to the State apparatus,
declaring hunself to the Marestres and
even I snitching and dropping dimen to the Mertan even I snitching and dropping dimes to the Hestapo. Confusing? or "all-los-clear"? Ever though Edmund Husserl was his menter and friend, and even, I though he had a sexual laison with Hampah Arendt, Heidegger had been and remained they artiful Service. He was strongly resisting the of JEWIFICATION of "GERMANYS" of Worms Sherratt points and why Heidegger was against the Jews. Heidegger associated they with when the honged to been the preservation of a more simple rural life, and the National Docialist image of peasants

marching with spades was enchanting, it was his philosophics oneam of spring to life. >>> Was it enough that he would sacrefice his own friends? dreamed that the mouthenticity of modern life would finally be overcome. er, "Hope you find a job "."
Like a job or position will solve all our problems. authenticity ? Perhaps Hitler as the Voice of for himself a special rold: Hitler's quide the envisioned philosopher-king, Heideggers mustess had been ferrish. His mentor, his triends. Was Herdegger simply an opportunist and a careerist? Herdegger had skills as a philosopher but not those of political manipulation. After just one year, he resigned from his possition as Rector. Lieuth argued that Heidegger's idea of "being was already metaphysical NAZISN. Not only I did Heideggete with his publisher to remove his dedication" to his menter/friend Husserl from Being & Time that he ceased visiting him. He didn't even lattend his 1938 fun

Hiding Like A Wolf-Spider 2013, 09. 23 Monday Hoodbye Blue Mondays! I reflect upon conversal my message braid and whywork org forums where lames knick openly reveals the relief he experie upon awakening knowing he does not have to report, to an employer. Once one is free from one horners, there are other harnesses one has to become free job, namely day programs what my mother and refer to as day jails. there is no generation gap when it comes to these, "programs," which corred adults into 1, 1, that recreate the ambience of the mental hospital places where degenerate staff denigrate the clients where each client is made I to feel like ja social leper in need of psychiatric & medication and mumbo jumbo, Twelve

" positive thinking " public confession and humiliating

dependence Ion psychiatrists and counselors.

For the moment I am out of the harnesses. For the moment, and since May 2005, on government relief and rental assistance. Out of the harness and with access, finally to a word-processor in a computer, I simily to a word-processor aread, with typing my manifests to Volume 2 is turning out to be packed with pads scribbled in during my incarcerations the summer of 2010 when I returned to New Jersey only to face the pestilent police of go through my records from Asbury Park where program. on into my return to Freehold. In face day program. on into my return to Freehold. Lakewood J. . and my down Int 70 tim Brick. wp. Maybe then I will feel when I am caught up. Maybe then I will be inspired to I reate I in a different manner. Maybe than I will synthesize the manifesto into some knows? I know I want to bring the manifesto was to the manifesto to bring the manifesto was to the manifesto to bring the I am caught manifest up to the present first. balling in the over I hide in my apartment unit weed a WOLF-SPIDER in an underground hole.

2013. 09. 26 Thursday The radio wave signal for 99.5 FM, WBAI, which is impossible to pick up on a digital receiver, and if was only able to pick up with an analog clock radio, has been jammed. I will attempt to tune it in before First Voices. By whapping the electric chard around the clock radio I was able to tune in Democracy New on WBAI which sounds like something out of John Brunner's scrence-Jection classic, The Sheep Lock Up DESERTIFICATION -> every two seconds a forest the size of a football field disappears or our planet, as of the Autumn of 2013. change any of this ? Paying # 100,000. or pay year a famous rock star change any of this? I then would becoming thou would, "falling in love" or making a baby change any of this? I Hello? Lent this why I found Learge Carlin so entertaining of shit I with its lobbyists and celebrates and its professors in ivory towers! When Carling talks about DETAGHMENT, when he spoke about, if you think, there is a solution, you are part of the problem, when he points out that the Earth isn't going anywhere, we are the wis simply speaking the Struth. Way to go, sleage.

This is why I listen to Democracy Now! religiously.

The global situation puts things in perspective.

Some people think, if only would build walk-in freezers and just tankroll cash, life would be great. I am fetter of living on going over my "NOTTES". It only took 25 minutes (one session) to upload and part. I doubt anyone is even reading my manufesty but at least, I it is being stood.

To slowly but surely I am getting t volume 2 out there. by 2PM going over what I posted, fending so many trypos I I realize the best thing I can do right now is lay on my back and tread myself into a cat nap. Sleepy-time. 2013, 09, 27 Friday Comic Relief a new occup acronym: R.A.T.S. Retarded Agents of the Therapuetic State It could be anyone: your damily, your neighbors, work associates, postal the workers. Tever some is, sus PECT!

2013. 10.01 Monday, I wonder how I have come to feel so blessed there in Brick when I had been feeling to oppressed by the "quiet" in the complex, so oppressed by the the absence of woods to hide in, and even oppressed by south 70 and lack of access to hert. taken place one to my nephew caring enough about me to send me to my nephew caring enough about specifically for the word processesor Open Office Writer. Now I am able to wade through my "memoirs" my PHILOSOPHICAL DIARIES, I searching for I material for my manifesto. Schopenhauer compiled his indictment against the entire Creation? The word to describe how I feel in this apartment as the Autumn goods the night air is comfortable, and I can only ascribe this drastic change of heart to having a way to type up excepts from my scribblings, to be able to store these from drives to flash drives then upload to my free message board, isis. php bb 3 now.com. The long walk to the library can be made less of a problem mow, I can I renew books yis phone and even take the low early in the month.

383 On Being Wickedly Cognizant My mood has been incredible all day ... in such good to spirite! Up at 4:30 AM, I was able to read some of Ros Barber's The Marlowe Papers out loud. Since it is all written in verse, reading out loud is a delight! — like incantations or magest spells. I am in no rush to get through it, and most likely will renew them all (6 texts, p 136 \*this). Thocery shopping with Mom at Wegingn's near asbury Park was just pure blight of genunely enjoy her company It's so beautiful, to witness that the affection we have for each one another. I see the way people witness us and this warms my heart. Mom was very understanding about my concern about the "complications involved of in this supcoming "meeting Rich Bone in Freehold Friday." Upon, returning to Mom's, domecile, I was able to catch of the momente map on the floor. I slept like, a dog. When I woke up I immediately to got into the Introduction to How the Introduction to How Permonene Lee. One part I really by home, inspring me to take notes.

itself felts. The ill tare the desertery, the prefuseries. They won't accept the "Go-operative" conventions. They want accept the though the twen sympathyzers away. They want go to mork they autaine they don't go to hunch or believe in heaven. They waste the read serporcibly or make sense of what they refuse and raspress. On the attracted to nonsense, sensation, and raspress. On the other side of the glass driving motor of the upright, harmassing energy, to church, communicating than civilizing. 2 Reading in bed, seading when ilf - like "writing"
in bed" - is, its I suggested, a form tof
deviancy. literature I that feeling to be so interested in Viginia Woolf, Ros Barbers The Markowel Papers may foun scribblings, and I have to focus on sanother. Saying, " My cup runneth lover." of My heart is on fire!

How deviant to refuse to seek employment, to lie in bed readings, writing, napping even!

homeless of black man in New York City rung amuck, stabbing people in a park wir a broken pair tof scissors. This is the real. shelves of the British Myseum, where, I asked myself, picking up a notebook and pencil, is Deading, like a jailbird, while on my back reading, I couldn't keep my eyes open so on my side and I was as free throm worry as a beast of the wild.

for them, and therefor they choose the weakest and Frazer in "The Holden Bough": "The ancient Germans believed that, there was something holy in women, and accordingly consulted them as I oracles." While walking around outside I Was working on my oratory skills reading Virginia Woolf's A Room of One's Own of out loud with passion (with no shirt on). I noticed the noise of the cars actually got on my nerves. I would pause my reading as leach I vehicle passed. I did not hide my disgust. There are some bold statements made by this Virginia Wood which reveal her jutter disdain for saturarchal society. The makes similar conservations as Nat James Quirk) and made for years. Our society is indefferent and even hostile to anything aspiring to intellectual greatness. Watch in the spring sunshine the stock proken and the great baruster of going indoes to make money when and more money when it is a fact that 500 pounds a year will keep one alive in the sunshine."

When food, clothing, and shelter are mine, not merely do labor and effort cease, but also hatred and t I need not hate any man: he cannot huit me. "I need not hate any man: he cannot huit me.

I need not flatte any man: he has nothing
to give me.

It was a struct any man: he has nothing
class as a whole west pooles of people are
never responsible for what they do. They are
alwien by instincts twhich are not in
they professors, had endless difficulties to contend
with Time, they hap money and power but
only at the cost of harboring I'm their years a

and plusting at the page for acquisition which drives
powership the mase for acquisition which drives
them to desire other people by trads and
page to people by trads and
the other people by trads and
the other people by trads and
the other here's lives." But how impossible it must have been for them not to brudge ather to the right for to the left what openies, what sintegrity it must have required in the face of all that purely paperaschal society, to hold fast to the thing as they saw it I without shrinking."

153 You to turn me off other grass Lock up your fork, no bolt that you can set upon the freedom of my mind," ely Here we have "Mental Insurrection in a Nutshell" I feel like I just side stepped a potential disaster.

Bore will go solo to Moore's Taveyn Friday.

I don't every have to worry about it as hanging out

Sunday the 7th is a much retter idea.

Peace pipe. 2013. 10.10 Thursday The visit with Rich Bove was laid back and fun, fastead of going to Freehold, me went to Federico's in Brick for Philidelphia cheese steaks.

(Federicis) which is now my residence as it is definitely more private, securel, clean et than the shit hole of an Marcy theet. Today I will review my lease.

for them, and therefor they choose the weakest and Frazer in "The Holden Bough": "The ancient Germans believed that, there was something holy in women, and accordingly consulted them as I oracles." While walking around outside I Was working on my oratory skills reading Virginia Woolf's A Room of One's Own of out loud with passion (with no shirt on). I noticed the noise of the cars actually got on my nerves. I would pause my reading as leach I vehicle passed. I did not hide my disgust. There are some bold statements made by this Virginia Wood which reveal her jutter disdain for saturarchal society. The makes similar conservations as Nat James Quirk) and made for years. Our society is indefferent and even hostile to anything aspiring to intellectual greatness. Watch in the spring sunshine the stock proken and the great baruster of going indoes to make money when and more money when it is a fact that 500 pounds a year will keep one alive in the sunshine."

75 I wonder when I will, or if I will ever, decide to take my diaries somewhere and just byon them. Have I become that psychologically attached to them? Ink, paper, Internst t blogs, the printed word...
alphabetic languaged. literacy! The words
a VOICE which survives our trained bodies. indictment against mass consumerism? Simply by refusing to have a television or connect to table TV.

art even the Internet, I have isolated myself from much propaganda, and, in effect, become a living protest against systematic stupidity. to entertain myself with my own imagination than to be a passing spectator. I don't want to watch Dancing With the Stars or American Idol or X-Factor you the I Superbowl or The Olympics or the medig whores. So, yes, it is science-fiction, and, yes, I am marginalized. It is what it is. We go through these lives. bit of an lattitude. Already I understand that my prose will be whatever the hell I want it to be that don't need it to be validated by literary critics. mill try to learn about THE CREATIVE & PROCESS.

MY LIFE IS MY MASTERPEICE ABSURD COMEDY.

" The freak between us and the world is wellestablished. We speak not to be understood, ~ antoning artand I do not write for copyright, nor do I want to
"Self myself to any Jawohinge," Regardless of
what a teacher of "creatine writing" thinks
about what a "real" house Joseph will
listen to Metzsche when he singgest that
Whe ML Mecken, I may Jeven use weapons J FIGHT. When I write, I speak to myself do not write memoirs write manifestos. 2013, 10, 29 Triesday For someone who read Hesse's Steppenwolf as a young man, to be approaching the age of 150 is gutt I significant. In a little surgre than 3 months, I will be 47! I scribble the RECORDS of MIKE HENTRICH. I detest the automobile culture. MIKE HENTRICH. I detest the automobile culture. Even after suffering a broken beg in the Summer of 2012, I walk for miles and miles in 2013. I have I limp, but I stubbornly resist the demand to purchase an automobile. I prefer FOOD, beer, to bacco.

Will there be a Volume 3 of the Manifesto or will they next, or last, project be more of a "looking back"? I was drawn to, the automatic THINKING OUT LOUD of Jane Roberts who attributed her VOICE to a discarnate pentity-personality called SETH in Seth Speaks when I was a young man. Now I veer away from any notions of disembodied intelligence, and yet, if the air itself possesses awareness, sentince is not a property of the physiological brain itself, in isolation, What if what I want to WRITE can only be SPOKEN. or SUNG? Suppose these I notes, these records, are as artand suggests, messages to our inner selves... In dreamtime last might of confronted my mother's clan, a clan she herself has come to see as phony, materialistic, superficial, shallow, and yet my mother does retain some of those that the toothless see how she untelects with the toothless conserve her for that the transfer The power of introspection and contemplation, is that it enables me to process the unfolding of reality, allowing me to merge with the One." Let this remember we are the Presence of BEING



ied

EING.

Alissa Quant in Republic of Outsiders, validates the research I have been involved with for many years, and, to be honest, give me a greater appreciation for the literature I was resured to read as a freshman at the academy in Lincolt NJ in 1981-1982 at the young age of 14, namely Insteam's THIS PERFECT DAY, I & of Ken Kenney's ONE FLEW OVER THE CUCKOO'S NEST and K. Vorneye's PLAYER PIANO, not to mention books I would be exposed to over the next few years such as Robert M Persig's Zen & the fort of Motoragel Maint and John Brunner's THE SHEEP YLOOK UP I have become Chip, Randal P. Mac Murphy, Paul Proteus, and perhaps even Phaderus and Austin Train. This is not an "ego trip". This is just BEING. It's a human thing, not a Hentrick thing. Psychosis results from a breakdown in social relations rather than a freakdown in the individual. I study in northern Finland supports this claim. Repently Eli Lilly sponsored a study that claimed to debunk Finlands of fundings.

(Quart 2013). Realizing how "on point" I have been increases my confidence in my ability to OUT-THINK the oppressor, those who John Trudell refers to as "The Other Side."

My resistance has been effective. Since I know I am THE REAL THING, baby, I view the industries of BIG CHITURE With disdain. PROTEST-IN-THE-FLESH!

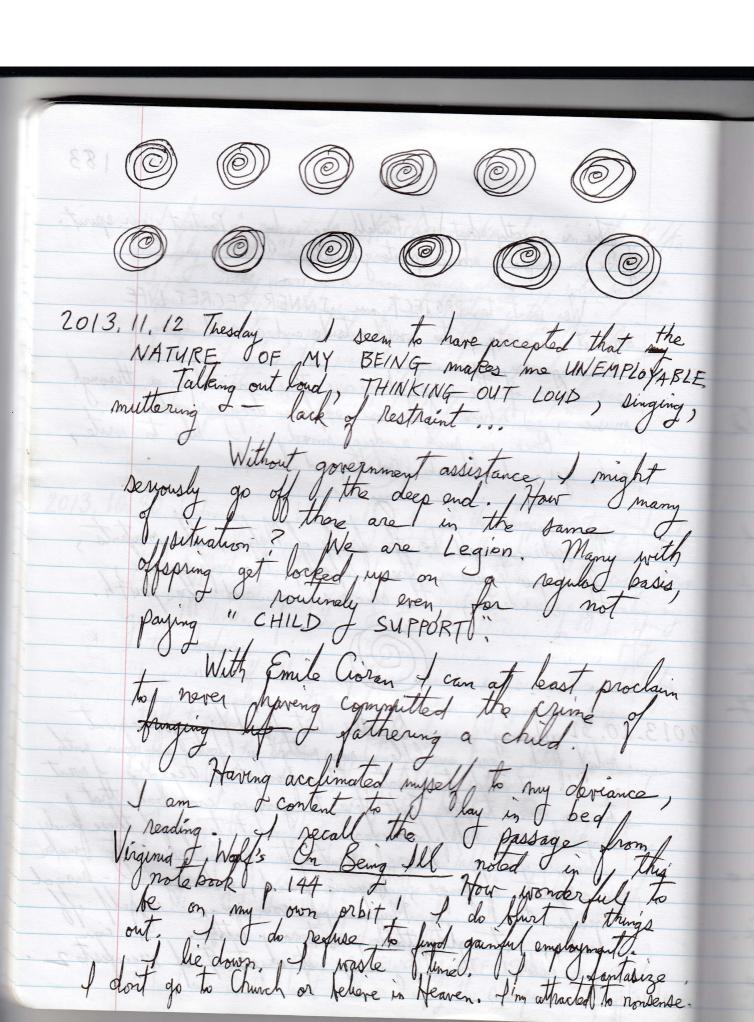
I found an except from Kierkegaged's diary in the Kafka as soon as a man comes along , who says However the world is I shall stay with my original nature, which I am not about to change to suit what the world regards as good. The moment this word is spoken, a metamorphosis takes place in the whole of existence." 2013. 10. 30 Wednesday While walking through the shopping centers, I got a good sense of my "outsider status". As I check items out at K-Mart, an oversized youth, most likely a future cop, beens to snift around me, causing me agitation and aggravating my general disdain for the tentire culture, so I play I the bafoon. living on government relief, this can only give me deep satisfaction since it is quite clear I am a living profest against their conventions you know the hostsecrap
they shave down their children's throats.

I am remended of the Scarlet Letter
there is this conflect and a tension so thick between
the public self and the private self, the persona
perceived by society years the ignorable of Being with
all its truth shining through. There is mitthal I disdain. not hunt me in the least. It is simply the consequence of my dissolerce

This is exactly what John Trudell means by "Protect your spirit.

You're in a place where spirits get eaten." We want to PROTECT our INNER, SECRET LIFE against Society, the world outside and around us. music, where I can explore deep moods.

Once in such a deep mood, I like to write,
and, yes, I like to isolate and brood. My anglience will be the freaks of Nature, the mutants, the outsiders, the repulse, the regularists, the dissidents, the slarkers. and the youth. got out 2013.10.31 Thursday On this last day before government relief funds are available, my mother is feeling run down with a cold and needs to activate their food stamp tograd of want to run down to the Thrift Store to grab a cook book that may be very helpful as far as what to speed these funds on. Want to bear how to make a variety of boups, bayana bread, and vegetable-based meals. Maybe can wear smyself off beef, not altogether, but a little.



The Castle): Introduction by Irving Howe (to Kafkais repeated incapacity, except for a brief final 1924,
relationship to before his death in 1924,
to surfain his lengagements with women. This is certainly true for me as well. Worked the claustral sensations of modern of workers of modern of emplement, experience, sensations of fewifilerment, tose are sensations known to, millions of people quite, unaware had katka's writings and without any than to PHILOSOPHICAL REFLECTION. Now, it is not even GPM and I am very sleepy. There is nothing motivating me to keep pmy eyes open. Why I bother I staying awaked? de this THE GREAT TIREDNESS? first Section of H-164...